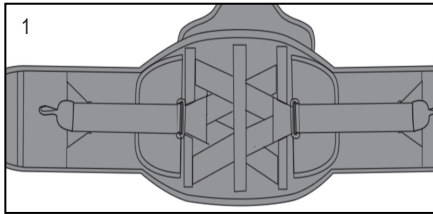


Warnings and Instructions: Review carefully, proper application is required

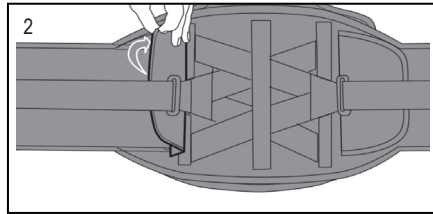
⚠ Warning: This device will not prevent or eliminate risk of injury. Do Not Overtighten. If swelling, pain, skin irritation, or an unusual reaction occurs, discontinue use immediately and consult your medical professional.

Care: Hand wash using mild soap. Rinse thoroughly. Air dry only. Do not tumble dry.

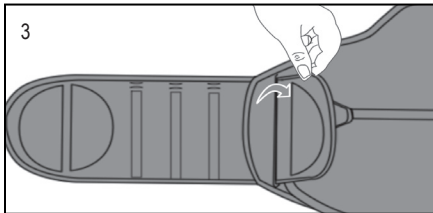
PREPARATION



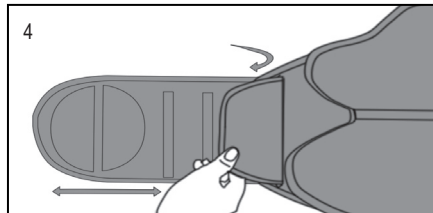
1. Lay brace flat with outside facing up.



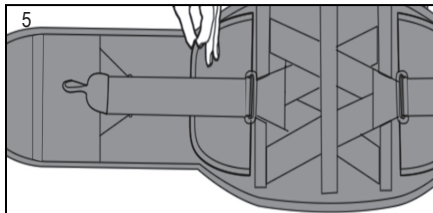
2. Undo outer belt anchor and attach it to the underside of the D-ring.



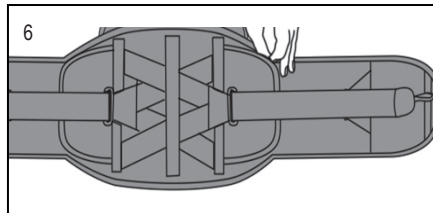
3. Flip brace over and undo inner belt anchor so the side panel is free to move.



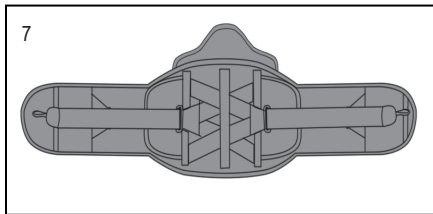
4. Place edge of belt anchor at correct size marker and secure.



5. Flip brace over and fasten outer belt anchor.



6. Repeat on opposite side.

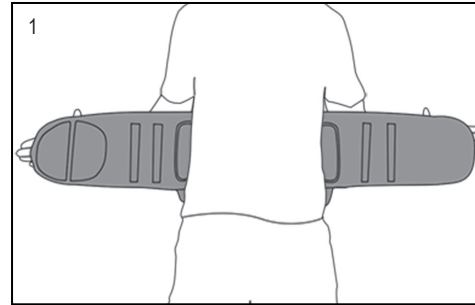


7. Adjust straps so ends of straps are located as shown.

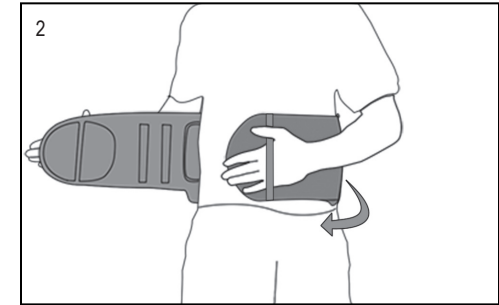


Scan to see video

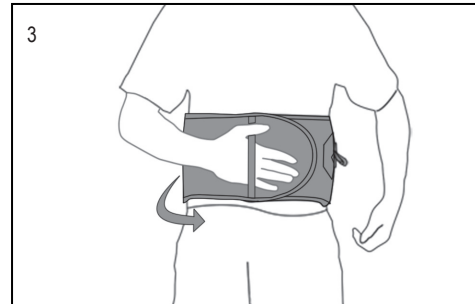
APPLICATION



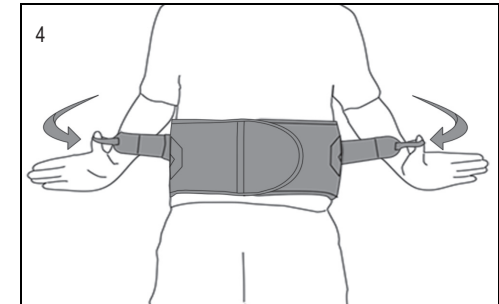
1. After adjusting to right size, fold pull straps onto themselves and center the posterior panel over the lumbar area.



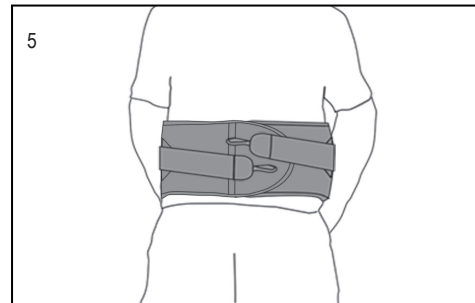
2. Using hand assist straps, pull left panel to center of the body.



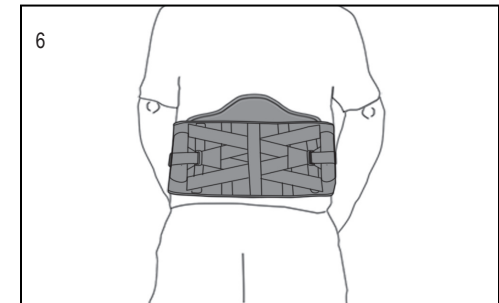
3. Using hand assist straps, stretch right panel over left panel and fasten.



4. Pull assist straps forward and fasten



5. Finished application front



6. Finished application back.

SIZING CHART		(measure at widest part of hip/waist)																													
Brace Size		S							M							L/XL							XXL							XXXL	
Waist Size	in	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	
	cm	76	79	81	84	86	89	91	94	97	99	102	104	107	109	112	114	117	119	122	124	127	130	132	135	137	140	142	145	147	